

F.No.NEIGR/NSD/2019/3/11

Dated: 12 /08/2021

Circular

This is to inform all concerned that Institute's Sports Committee is going to Celebrate National Sports Day 2021 on the occasion of Birth Anniversary of Hockey Wizard Major Dhyan Chand with the following listed programmes.

- I. NEIGRIHMS Campus Run/Walk – Date: 28th Aug 2021 (Saturday)-Venue-NEIGRIHMS Campus.
 - Only the participants with fully vaccinated are entitled to participate in the Running event.(Theme: "Run for Unity-Run for Immunity")
 - Participation below 18 years of age is not entitled to compete in the Running event.
 - Elderly people (~ 65 years) & pregnant women are also advised to avoid taking part in the Running event.
 - Last date for entry (registration) will close on 24th Aug 2021.Prior to the event the participants have to submit the registration form along with Disclaimer.
 - Registration form will be available in the Institute's Website, Departments & Office of the P.T. Instructor (Indoor stadium)
 - Registration form and disclaimer should be submitted to the office of the P.T Instructor (Indoor stadium), NEIGRIHMS, in person or by email: neigrihms.sports@gmail.com.
- II. A Virtual Zumba Fitness Session will also be there on the same Day in the evening 4:00 PM – 5:00 PM. (Dr.Wansalan Karu Shullai will coordinate)


In view of the above the detail rules of the Running event, Disclaimer & Registration form is enclosed herewith as Annexure –I, & II. The details of the programme will be sent to the registered participants to their Email Ids & Whatsapp Number.

Dr. Bhaskar Borgohain
Chairman
Institute's Sports Committee
NEIGRIHMS, Shillong
Dated 12/08/2021

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Copy to:

1. All HOD'S, NEIGRIHMS for information & wider circulation.
2. Engineering Sections, NEIGRIHMS for information & necessary action.
3. Nursing College, NEIGRIHMS for information & wider circulation.
4. Sanitation, NEIGRIHMS for information & necessary action.
5. CSO, NEIGRIHMS for information & necessary action.
6. Central Library, NEIGRIHMS for information.
7. P.A to the Dean, for information of the Dean.
8. P.A to the Director, for information of the Director.
9. P.S to the Deputy Director (Admn), for information of the DD(A).
10. P.S to the Medical Superintendent, for information of the MS.
11. Notice Boards
12. Office Copy








Dr. Bhaskar Borgohain
Chairman
Institute's Sports Committee
NEIGRIHMS



Rules for Participants:

1. Registration for the NEIGRIHMS Campus Run/walk will remain open till 24th Aug 2021.
2. The event is exclusively for NEIGRIHMS (Faculty, Students, Staff & Staff Dependents).
3. Participants have to fill up both the registration form and disclaimer in view of Covid Pandemic.
4. Only the Individuals with full vaccination are entitled to participate in the Campus run.
5. Participation below 18 years of age will not be entitled for the Running event.
6. Participants have to be in proper Sports outfit (T-Shirt, Shorts/Track Pants and Sports Shoes).
7. Smoking Consumption of alcohol or any intoxicating substance is strictly prohibited.
8. Any unfair practice/misbehavior will lead to disqualification from the event.
9. It is the sole responsibility of the participants to take care of his/her belongings. The organizers will not be responsible for any loss/damage/theft of one's personal belongings.
10. Any queries on the running routes have to be cleared prior to the run date and any contest after the run will not be entertained. In case of any dispute, decision of the Organizing Committee will be final.
11. **Reporting time is 6.30 A.M. on 28th August 2021 at the parking area near the Public Utility Block.**
12. Prizes & certificates for the competitive event will be given only up to 3rd place.
13. Maximum time limit to complete the competitive event (Running) is 60 minutes.
14. Participation certificate and finisher prizes will be provided to all those who complete the distance within the maximum time limit.
15. Registration form and prescribed disclaimer should be submitted to the office of the P.T Instructor (Indoor Stadium), NEIGRIHMS, in person or by email: neigrihms.sports@gmail.com
16. Participants are to collect their Chest Numbers from the office of the P.T Instructor on the 26th of August, 2021 between 11.00 A.M to 5.00 P.M and to attend the briefing session during above timings.
17. Registration form received after the specified date will not be entertained.
18. Refreshment will be provided to all participants after the event.
19. The decision of the organizing committee will be the final.
20. For any queries participants may contact Mr.Sangram Bhattacharjee Mobile No.7308979524 or his office during office hours.

NEIGRIHMS Campus Run/Walk (Route):

(Starting Point) Public Utility Block  Front of Vaccination Centre  In front of Boys & Girls Old Hostels  Front of RCC Building  Director's Block  Back to Public Utility Block (Finishing Point) 

CHAIRMAN
Institute's Sports Committee
NEIGRIHMS, Shillong-18.

Dr. Bhaskar Borgohain
Chairman
Institute's Sports Committee
NEIGRIHMS



Registration Form

NEIGRIHMS Campus Run/Walk 2021

“Run for Unity-Run for Immunity”

First Name: _____ Last Name: _____

S/o/D/o _____

Address: _____

Tick the appropriate box for participation in the event:

NEIGRIHMS CAMPUS RUN Zumba Fitness session

Fully Vaccinated (If Yes Mention Date) _____

Designation _____ (Students, Staff, Faculty & Staff Dependents)

City/Town: _____ State: _____

Pin Code: _____ Gender: Male / Female _____

Age:- _____

Email-Address _____ Contact Number: _____

PERSONAL INFORMATION * Contact name & number of family/friend/guardian in case of emergencies (such person should not be a participant of the event)

* Name: _____

* Tel. Number: _____ - _____

(STD Code)

(Telephone No. / Mobile No.)

Disclaimer:

Please fill up the form in CAPITAL letters only

I, _____ (full name), declare, confirm and agree as follows that I/my ward. (I) have given true and complete information in this application form and me/my ward is/am solely responsible for the accuracy of this information; (ii) have fully understood the risk and responsibility of participating in the NEIGRIHMS Campus Run/Walk or any event outlined in this application (collectively "the event") and will be participating entirely at my/his/her risk and responsibility; (iii) understand the risk of participating on a course with knowing the risk of Covid-19 pandemic situation, (iv) understand that I/my ward must be of, and must train to, an appropriate level of fitness to participate in such a physically demanding event (v) for myself/ourselves and our legal representatives, waive all claims of whatsoever nature against any and all Sponsors of the event, all organizing Committee persons, officials and volunteers, and all other persons and entities associated with the event and the employees, agents and representatives of all or any of the aforementioned including, but not limited to, any claims that might result from me/my ward participating in the event and whether on account of illness, injury, death or

otherwise; (vi) agree that if I am/my ward is injured or taken ill or otherwise suffer/s any detriment whatsoever, I hereby irrevocably authorize the event officials and organizers to, at my/our risk and cost, transport me/my ward to a medical facility and/or to administer emergency medical treatment and I/my ward waive/s all claims that might result from such transport and/or treatment or delay or deficiency therein. I agree that nothing herein shall oblige the event officials or organizers or any other person to incur any expense or to provide any transport or treatment; (viii) in case of any illness or injury caused to me or my ward or death suffered by me or my ward due to any medical reasons or medical condition during the race or at any time thereafter as a result of the event, regardless or not whether such medical reasons or condition shall have been pre-existing conditions known by me and further regardless of whether I/my ward shall have disclosed, at any point in time, the existence of such reason or condition to any person, none of the sponsors of the event or any political entity or authorities and officials or any contractor or construction firms working on or near the course, or any of the organizing Committee persons, officials or volunteers or any persons or entities associated with the event or the employees, agents or representatives of all or any of the aforementioned shall not be held liable by me/my ward or my/my ward's representatives; (ix) in case of any illness or injury caused to me or my ward or death suffered by me or my ward during the event or due to any force majeure event including but not limited to fire, riots or other civil disturbances, earthquakes, storms, typhoons or any terrorist act, none of the sponsors of the event or any political entity or authorities and officials or any contractor or construction firms working on or near the course, or organizing Committee persons, officials or volunteers or any persons or entities associated with the event or the employees, agents or representatives of all or any of the aforementioned shall not be held liable by me/my ward or my/my ward's representatives; (x) understand, agree and irrevocably NEIGRIHMS to share the information given by me/my ward in this application, with all/any entities associated with the NEIGRIHMS Campus Run/Walk at its own discretion; (xi) understand, agree and irrevocably permit NEIGRIHMS to use my/my ward's photograph which may be photographed on race day and/or during various functions of the event, for the purpose of promoting NEIGRIHMS Campus Run/Walk at its own discretion; (xii) shall not hold the organizers and all/any of the event sponsors responsible for loss of my/his/her application form (xiii) I/my ward do agree to receive information and offers of various brands/products/services as may be sent to me/my ward by the event promoters (or a person duly authorized by the promoters) on the email address given by me/my ward in this application form; (xiv) I/my ward understand and agree to the event terms and guidelines written above.

Signature _____

Full Name _____

Address _____